*Serving Community Musical Wellness Since 1976*

info@mswma.org
(508) 842-1349

# SOCIAL PRESCRIPTION

*Surrounding yourself with music can be the best medicine.*

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**Do you know someone who suffers from:**

- ☐ Depression
- ☐ Mental health problems
- ☐ Isolation
- ☐ Loneliness
- ☐ Other similar problems

**Suggested Treatment:**

MSW invites you to prescribe an outing to a concert to take advantage of the health benefits of music.

**Recommended Dosage:**

Two (2) complimentary tickets, redeemable by contacting us via phone at **(508) 842-1349** or email at **info@mswma.org**, or by presenting this prescription at any MSW concert.

**Additional Information**

Please visit www.mswma.org for a full list of this season's concerts.

*Lorraine Coté*

President, Master Singers of Worcester

*Social prescriptions may result in a reduction in stress, enhanced mood and warm sense of community.*

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